

**THE 22<sup>nd</sup> DAY OF THE MONTH OF APRIL**  
**COMMEMORATION OF OUR FATHER AMONG THE SAINTS, THEODORE OF**  
**SYKEON, BISHOP OF ANASTASIOPOLIS**  
**AT VESPERS**

On “Lord, I have cried ...,” 3 Stichera of the holy hierarch, in Tone V:

Spec. Mel.: “O venerable father ...”:

**O** venerable father, sacred Theodore, thou wast sanctified from thy mother’s womb, and like Jeremiah of old wast known to God. A star heralded thy nativity, the whole world hath truly been enlightened by the splendor of thy life, and the darkness of the demons hath vanished. Infirmities have been driven away from men of every age, and grace hath poured forth all manner of healings. Wherefore, we cry out to thee: Do thou ever entreat Christ, that He grant unto the world great mercy.

**O** venerable father, right wondrous Theodore, having consumed all the tinder of sin with mighty abstinence and the fire of prayer, thou didst receive divine illumination, thou didst cause the grace of the Trinity to abide in thee, and didst become wholly radiant, emitting rays of healing, beholding things to come, as did Elisha of old, sundering the bonds of barrenness, driving away hordes of demons with the power of the divine Spirit, and beseeching Him, that He grant peace and great mercy to the whole world.

**O** venerable father, most honored Theodore, thou sun who hast illumined the earth with thy works and countless signs, precious gift given to Christ God, excellent foundation of the priesthood, model of monastics, confirmation of those who have recourse to thee with faith, precious stone, house of the Trinity, bowl pouring forth an abyss of healings: pray thou ever to Christ, that He grant to the whole world peace and great mercy.

Glory ..., Both now ..., Theotokion, in Tone V:

**T**o whom hast thou likened thyself, O my soul, ever excelling in what is worse and mindlessly adding manifold stripes to thy wounds, giving no thought that thou wilt become wounded thy whole body over, or that the Judge is approaching, before Whom thou wilt have to stand to receive sentence and retribution for thy deeds? Yet, turning, fall down before the Virgin, crying: O Sovereign Lady, O Sovereign Lady, disdain not me who have angered the right merciful God Who was born of thee for the salvation of mankind and was crucified in the flesh!

**Stavrotheotokion:** **W**hen thou didst behold hanging upon the Tree, \* the planted Cluster of grapes \* Whom, like a vine, thou didst bring forth, \* with His divine side pierced by a spear, \* thou didst exclaim crying aloud O most pure one: \* “What is

this, O my Son and God? \* How is it that Thou Who dost heal all infirmities and sufferings, \* hath undergone suffering, \* though Thou art dispassionate according to Thy divine nature? \* How have the thankless people thus rewarded Thee for Thy benefactions, O Benefactor?”. \* By His sufferings pray thou \* that I may ever be free from sufferings, \*\* that I may glorify thee.

**Troparion of the holy hierarch, in Tone II:**

**K**nown to be sanctified from thine earliest infancy, \* and shown to be full of grace, \* thou didst illumine the world with miracles, \* and didst drive away a multitude of the demons, O sacred minister Theodore; \*\* wherefore, pray thou to the Lord on our behalf.

## AT MATINS

Canon of the holy hierarch, the composition of Joseph, in Tone IV:

### ODE I

**Irmos:** Let us chant unto God our Redeemer, \* Who of old guided Israel \* fleeing from the slavery of Pharaoh, \* and fed them in the wilderness, \* for He hath been glorified.

The noetic Sun showed thee forth, O most wise one, as a divinely radiant star of the firmament of the Church ever emitting rays of miracles and destroying the darkness of the passions.

The Creator, sanctifying thee from thy mother's womb, as He did Jeremiah of old, O venerable father Theodore, made thee a right useful vessel of the Spirit, who drivest away evil spirits.

With the sweat of thine ascetic endeavor thou didst quench the flame of the passions, O Theodore, and with the rain of thy prayers thou didst pour forth streams of miracles, clearly extinguishing the burning heat of ailments.

**Theotokion:** From thy womb the uncultivated Cluster of grapes sprang forth, O pure Virgin Mother, exuding the sweetness of forgiveness and the gladness of immortality for those rendered foolish by the drunkenness of evils.

### ODE III

**Irmos:** Having established the thunder \* and fashioned the wind: \* do Thou make me steadfast O Lord, \* that I may hymn Thee in truth and do Thy will; \* for there is none holy like unto Thee, O our God.

How wondrous is thy life, O divinely wise and all-glorious Theodore, how awesome thy miracles, and how exalted thy union with God, thy yearning and thine unhindered ascent!

Thou didst avert the assault of the passions by surrendering to pain, O most blessed Theodore, and didst thereby set at naught the wicked pursuit of the demons by the might of the most Holy Spirit.

Having recourse to thy precious shrine, and hymning thee, O Theodore, we draw forth therefrom treasures of healing, depths of miracles and abundant gifts.

**Theotokion:** In thee, O Virgin, have the laws of nature been renewed; for in a manner transcending nature and past all telling, thou hast given birth to the Creator and Master. Him do thou earnestly beseech, that He save our souls.

**Sessional Hymn, in Tone VIII: Spec. Mel.: "Of the Wisdom ...":**

Given by God to mankind as the namesake of gifts for deliverance from many ailments, thou didst work miracles, healing every disease and infirmity, and driving away hordes of demons by thy word alone. Wherefore, having worthily shepherded the Church of Christ, thou didst become a dweller with the apostles. O holy hierarch Theodore, entreat Christ God, that He grant forgiveness of sins unto those who honor thy holy memory with love.

### Glory ..., Both now ..., Theotokion, in Tone VIII:

**F**rom the snares of enemies visible and invisible, \* we have been overcome by the storms of our uncountable sins, \* and fleeing unto the safe harbor of thy goodness O pure one, \* we have thee as our rampart and sure protection. \* Wherefore we thy servants beseech thee \* to ceaselessly make fervent supplication, O most pure one, \* unto Him who seedlessly became incarnate from thee, \* that those who worthily hymn thee \*\* may be granted the remission of their sins.

**Stavrotheotokion:** Upon beholding the Lamb, Shepherd and Redeemer \* upon the Cross, \* the ewe-lamb exclaimed weeping, bitterly lamenting, and crying aloud: \* “The world rejoiceth, having received deliverance through Thee, \* but my womb doth burn, beholding Thy crucifixion, \* which Thou hast endured in Thy merciful loving-kindness. \* O long-suffering Lord, \* Thou abyss and inexhaustible well-spring of mercy, \* take pity, and grant forgiveness of sins \*\* unto those who hymn Thy divine sufferings with faith!”

### ODE IV

**Irmos:** I have heard report of Thee, O Lord and I am afraid. \* Having understood Thy works, \* I am in awe of Thee O Lord, \* for the earth is full of Thy praise.

**A**s a torrent manifestly filled to overflowing with divine waters, O father Theodore, thou givest drink to the whole Church with the gifts of the Spirit.

**T**hou didst choke the enemy with the cords of thy pangs, O most blessed Theodore, manfully destroying his wicked armies with the sword of thy prayers.

**M**editating on the law of God, by the springs of abstinence thou didst grow a divine tree, bringing forth the goodly fruit of virtuous works.

**Theotokion:** Thou wast shown to be blessed by all generations, giving birth to Christ Who hath made blessed those who labor for Him, O pure Virgin Mother and Sovereign Lady.

### ODE V

**Irmos:** Shine upon me, O Lord, \* the light of Thy commandments, \* for my soul riseth early to Thee and hymneth Thee: \* For Thou art our God, \* and unto Thee do I flee, O King of peace.

**T**he timeless Light hath shown thee to be an ever-burning candle and an inextinguishable lamp for those mired in the gloom of the passions and the darkness of many sins, O Theodore.

**F**rom earliest childhood having the great-martyr George guiding thee to the path of good, thou didst zealously emulate him with love for the Lord, O venerable father.

**P**ossessing immaculate abstinence, impeccable patience, faith, hope, humility, love and superhuman endurance, thou hast acquired surpassing grace from God.

**Theotokion:** With the sprinkling of thy mercy, O most pure one, give drink to my mind, which hath withered through the flame of sin, and light thou the lamp of my heart, which hath been extinguished thereby, O portal of the Light.

### ODE VI

**Irmos:** The tempest of evil thoughts, hath overwhelmed me, \* dragging me down into the abyss of my numberless sins; \* but, going before me, O good Helmsman, \* govern me as Thou didst the Prophet, \* and save me.

Thou didst shake off the grief of mortals and direct all thy desire toward the Master, delighting in His beauty and the splendors which proceed therefrom.

Drinking from a spring, thou didst cause the darkness of sin to dissolve, O father, and standing in the midst of the winds, thou didst endure their assaults like a bodiless being, warmed by divine grace.

Approaching thy sacred shrine, we who honor thee with love are filled with the sweet fragrance of divine understanding, O wonderworking hierarch, and we are delivered from the foul stench of the passions, O venerable father.

**Theotokion:** The threefold billows of the passions beat upon me, and the abyss of despondency assails my heart. O Virgin who hast given birth to Christ the Helmsman and Savior, deliver and save me by thy supplications.

**Kontakion of the holy hierarch, in Tone III:**

**Spec. Mel.: "Today the Virgin ...":**

Mounting the virtues as upon a fiery chariot O God-bearer, \* thou didst ascend to the heavenly abodes. \* Thou didst dwell like an angel with men, \* and as a man thou joinest chorus with the angels. \*\* Wherefore, thou hast been shown to be \* a divine receptacle of miracles, \*\* O venerable Theodore.

### ODE VII

**Irmos:** In the Persian furnace the youths and descendants of Abraham, \* burning with a love of piety \* rather than by a flame of fire, \* cried aloud saying: \* Blessed art Thou in the temple of Thy glory, O Lord.

As a true holy hierarch thou didst offer up in the Spirit the un-bloody sacrifice, and by the mortifying the passions, O most blessed one, thou didst with faith offer thyself to the Master as a sacrifice of sweet savor.

Thou didst quench the fire of pleasures with the sweat of ascetic endeavor, and like Elijah, O wonder-worker, by thy prayers end the drought with showers of rain, opening the closed heavens by thy supplications.

Sanctified from childhood, with the boldness of thy prayers, thou didst cause the wombs of the barren to bear many children, didst give sight to the blind, and didst enable the lame to walk, O thrice-blessed Theodore.

**Theotokion:** God chose thee, the beauty of Jacob, and made His abode within thee; and He preserved thee a virgin after giving birth, as thou wast before birthgiving, O Virgin Birthgiver of God.

## ODE VIII

**Irmos:** **T**he earth and all that is therein, \* the seas and all wellsprings, \* the heaven of heavens, light and darkness, \* frost and heat, ye sons of men, and ye priests, \* bless ye the Lord and supremely exalt Him throughout the ages.

**H**aving established the ascents of thy soul upon the rock of patience, thou wast not overwhelmed by the assaults of the adversary, nor wast thou shaken by the attacks of the enemy; but thou hast hastened up to the heights of heaven, praying for those who honor thee in faith.

**A** stream of all manner of healings issueth forth from thy shrine: washing away the defilements of the passions, and cleansing the mire of evils, O Theodore, and it giveth drink to the hearts of all the faithful who honor thee with love.

**L**et the great Theodore now be praised: the namesake of divine gifts, the initiate of the mysteries of Christ, the adornment of fasters, the beauty of priests, the well-spring of miracles, the precious phial of the Spirit.

**Theotokion:** **T**he sacred voices of the prophets proclaimed thee in images as the door, the mountain, the tabernacle, the holy land, the cloud of the Light, from whence the Sun, Christ the Bestower of light, hath shone forth upon those in darkness and shadow, O Virgin.

## ODE IX

**Irmos:** **F**or the Mighty One hath done great things to me, \* and holy is His name; \* and His mercy is upon those who fear Him \* unto generation and generation

**L**ike the dawn, the radiant day of thy feast hath appeared, enlightening the hearts of us who with faith praise thine honored pangs, O father Theodore.

**A**s a converser with the angels, the apostles, martyrs, the venerable, the righteous and the holy hierarchs, O father, in the heavens thou dost ever entreat Christ on our behalf.

**T**he day of salvation, the feast of gladness hath come! Let us hasten, O ye faithful, purifying our souls, for the holy hierarch Theodore doth summon us.

**Theotokion:** **A**wesome is thy birthgiving, O Theotokos, Mother of Christ! Wherefore, we call thee blessed, O pure one, and we, the generations of generations, glorify thee with honor throughout all ages, amen.

## AT LITURGY

### Troparion of the holy hierarch, in Tone II:

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